



June in Bloom

Services Update

Dear Parents and Guardians,

The global fight against coronavirus still presents a significant challenge to us all. We continue to monitor guidance from the Centers for Disease Control and Prevention (CDC) and local health officials regarding COVID-19 and reassess our response daily. Following recommendations from national and state health leaders, Family Connections we continue to implement the following actions:

Family Connections will continue suspending supervised visitation services until further notice; however, in this time of community crisis we truly value “togetherness”. “Togetherness” may look different for an extended period due to COVID-19 but we are confident it will be well embraced as we all make sacrifices for the well-being of public health.

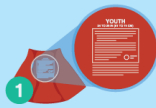
River City Family Connections is offering “Virtual Visitation” for parents and children. For more information on Virtual Visitation, please call us at **605-665-1204**

Summer Safety Series

Follow us on social media to view our summer safety series. Topics include:

- Life Jackets**
- Water Safety**
- Sun Safety**
- Heat-Related Illnesses**
- Helmets**
- Playing Outdoors**

HOW TO PROPERLY FIT A LIFE JACKET



CHECK LIFE JACKET LABEL FOR THE APPROPRIATE WEIGHT OR CHEST SIZE.

The life jacket label will indicate the size and weight of the intended user. Make sure the wearer is within these ranges. Verify that the life jacket label states it is "Coast Guard approved."



PUT THE LIFE JACKET ON.

Inspect the life jacket for wear and tear. Warning signs include rips and missing or broken buckles or straps.



BUCKLE ALL STRAPS AND TIGHTEN OR ZIP UP ALL ZIPPERS.

Make sure all straps can be buckled and zippers zipped. Don't forget the crotch strap if there is one!



HAVE THE WEARER LIFT THEIR ARMS OVER HEAD AND GENTLY LIFT THEM BY THE TOP OF THE LIFE JACKET ARM OPENINGS.

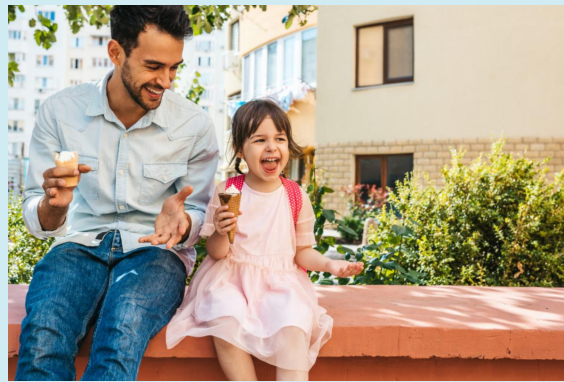
If the jacket rides up above their ears, it's too big. If the straps or zippers don't close, the jacket is too small.



WWW.BOATUS.ORG

Family Bonding

As a parent, you know how special quality time with your child is. Families lead busy lives, but it's important to carve out key bonding time. Here are some bonding ideas to for every family



1. Family movie night at home – Thanks to streaming services like Netflix, there's more choice than ever when it comes to family movie night. Many families like to have a themed movie night and choose snacks and even costumes to match.
2. Play make-believe – Play helps young children learn about themselves and their world. You can make your children pretend to play into a bonding experience by joining in. Create a blanket fort, dress up with them and act out a play.
3. Eat dinner together – While daily life can be hectic for families, it's important to sit down to dinner together as often as possible. It helps to create a stable, dependable routine for your child, and it's also a great time to discuss the day's events and learn more about each other.
4. Do a science project – Children are endlessly curious, and simple at-home science projects can help them to learn and have fun at the same time. You can help your child develop their science and problem-solving skills while building lasting memories.
5. Talk – Sometimes, a simple conversation can be all you need to bond as a family. Whether it's a conversation about a serious topic such as bullying or anxiety, or a chat about their day at preschool, simply showing your child that you're interested in their thoughts will strengthen your bond. Give your child your full attention during

these conversations, and show them that you're listening.

<https://www.klaschoolsplainfield.com/ten-family-bonding-ideas/>



Donations

A huge thank you to Carla Mueller for these awesome games. The kids will have a blast!

We are still in need of some items for our center. If you would like to donate, please visit our wish list on our website.

[Visit our website](#)

COVID 19
CORONAVIRUS DISEASE

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

- Avoid close contact with people who are sick.** (Illustration of two people shaking hands with germs floating between them)
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.** (Illustration of a person sneezing into a tissue)
- Avoid touching your eyes, nose, and mouth.** (Illustration of a person touching their face with a red prohibition sign over it)
- Clean and disinfect frequently touched objects and surfaces.** (Illustration of hands being washed with soap suds)
- Stay home when you are sick, except to get medical care.** (Illustration of a house with a bed icon inside)
- Wash your hands often with soap and water for at least 20 seconds.** (Illustration of hands being washed under a faucet)

For more information: www.cdc.gov/COVID19

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Stay safe and healthy friends!