



River City Family Connections March 2022 Newsletter

The days are getting longer, the weather is getting warmer, and the birds are flying back. You know what that means - Spring has officially sprung!

You Don't Have to Spend Money to Spend Time With Your Children

What is one of the most crucial aspects of a child's wellbeing and development? Family time! We know that planning family vacations, outings, etc. can seem daunting and time consuming. We are here to tell you that you do not need to have extravagant, expensive plans to spend time with your children! Check out these ideas to have quality, cost-free family time.

Start a Book Series

Reading aloud is an enjoyable learning experience for children of all ages. Don't forget to switch from picture books to chapter books as your children grow!

Get Outside

Remember how fun playing outside was when you were a kid? Go outside and show your children some of the activities you enjoyed outside as a child, such as rollerblading or flying a kite. You can even try to complete our Spring Family Bucket List!

Create Something

Pull out the craft supplies or find ways to recycle items in your house into craft materials! Let your children create something from their imagination or guide them through a craft project you've been wanting to do!

Want More Ideas? [Click here!](#)



Ring in Spring with a DIY Milk Jug
Birdfeeder!

Milk Jug Bird feeder



Looking for a cheap and easy craft idea to do with children? Make a DIY birdfeeder!

Materials:

- One gallon milk jug
- Permanent marker
- Scissors or a knife
- Craft paint
- String
- Bird seed

Instructions:

1. Rinse milk jug out with water.
2. Draw circles on the sides with the permanent marker.
3. Cut the circles out so that there are openings on each side of the jug.
4. Paint the outside of the jug with craft paint.
5. Poke holes in the lid.
6. Feed through 2 feet of string and tie it.
7. Twist the lid back on.
8. Fill the center of the jug with birdseed.
9. Hang your bird feeder.
10. Watch the birds fly up to your feeder.

Source: [Crafty Little Gnome](#)

2022 Common Sense Parenting Class Schedule

As we come upon the new year, it is time to think about signing up for a session of next year's Common Sense Parenting class. To the right you will find the dates and times of the sessions, how to register, and where classes take place. This is a great opportunity for **ALL** parents.

Common Sense Parenting classes help parents:

- Build strong, healthy relationships
- Correct and change problem behavior
- Minimize problems that disrupt family life
- Raise responsible, caring children
- Communicate effectively
- Avoid power struggles
- Control your emotions
- Balance discipline with affection
- Praise a child's good behavior

COMMON SENSE PARENTING
2022 SCHEDULE OF CLASSES

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| Session 1: January 4- February 8 | Session 4: June 21- July 26 |
| Session 2: March 1-April 5 | Session 5: August 16- September 20 |
| Session 3: April 26- May 31 | Session 6: October 11- November 15 |

TO REGISTER, PLEASE CALL:
#605.665.1204

- Classes will take place each Tuesday from 6:00-8:00 PM
- Child care is not provided, so please make arrangements.
- Pre-registration is required.
- Classes will take place at Trinity Lutheran Church, 403 Broadway Ave.

BOYS TOWN
Saving Children 100 YEARS Healing Families

"We Believe"
River City Domestic Violence Center

RIVER CITY
FAMILY CONNECTIONS

[More Information Here!](#)

Donations

Donations Wish List

- Lysol wipes
- Lysol spray
- Garbage bags
 - 13 gallon
 - 4 gallon
- Paper Towels
- Air freshener
- Hand Soap

RIVER CITY FAMILY CONNECTIONS

PHONE: 605.665.1204



Interested in making a donation to RCFC?

At River City Family Connections we strive to make visitation safe and enjoyable for parents and children. We have observed thousands of hours of visitation and compiled a list of the most commonly asked for items. These wish list items will be available for children and their parents to use during their visit time at River City Family Connections.

See our Donations Wish List on the left or check out website for any updates to the list!

[Visit our Website](#)

