



RCFC October 2020

It's October! Are you ready for the cold and the holidays? We are getting ready for the change. Visit our website to keep up to date on events and check out our social media for tips on the upcoming holidays.

[Visit our Website](#)



Domestic Violence Awareness Month

Donut Days- Tuesdays (Delight Donut) and Thursdays (Hy-Vee)
Purple Ribbon Campaign- All Month Long
Purple Thursday- October 22nd



[Calendar of Events](#)

Common Sense Parenting 2021

It's time to start thinking about next year already! We have a solid plan so COVID cannot postpone us any longer. These classes are for all parents and are completely free! Call us to get registered for one of the upcoming sessions.

These classes help parents:

- Build strong, healthy relationships
- Correct and change problem behavior
- Minimize problems that disrupt family life
- Raise responsible, caring children
- Communicate effectively
- Avoid power struggles
- Control your emotions
- Balance discipline with affection
- Praise a child's good behavior

[More Information](#)



COMMON SENSE PARENTING 2021 SCHEDULE OF CLASSES

Session 1: January 5- February 9	Session 4: June 22- July 27
Session 2: March 2-April 6	Session 5: August 17- September 21
Session 3: April 27- June 1	Session 6: October 12- November 16

TO REGISTER, PLEASE CALL:

#605-665-4811

- Classes will take place each Tuesday from 6:00-8:00 PM
- Child care is not provided, so please make arrangements.
- Pre-registration is required.
- Classes will take place at Trinity Lutheran Church, 403 Broadway Ave. Alternate location will be at Yankton United Way, 610 W 23rd St.



Take A Stand For Children

Domestic Violence Awareness Month

Every year at least 3.3 million children in the U.S. witness domestic violence



If you know a child who is witnessing domestic violence, **YOU** can make a difference.

- Be open
- Be a positive role model
- Help make a safety plan
- Be trustworthy
- Know when to take action
- Promote self-esteem

24/7 Crisis Line: 605-665-1448

Contact **River City Family Connections** for supervised visits and safe exchanges at 605-665-1204

Children Are Not Immune

Children are affected by domestic violence too. Many people say they "protect" their children from the violence that goes on in the home. They say "the child is too young to understand or know what's going on" or "they are in their bedroom so they don't see anything." The problem is it still affects them. Even if they are too young to communicate they understand, it still affects them. Even if they didn't see the violence, they can still hear arguing, slapping, and punching. This trauma can cause short term effects and long term effects including health risks and psychological damage.

Follow us on social media as we post facts and stats all month long.



Like many others right now, we are in need of some cleaning supplies and also some common house hold items. If you would like to arrange a drop off of a donation, please call 605-665-1204.

For a full wish list, please visit our website.

[Visit our website](#)

I wish, I wish with all my heart

October Wish List

- **Lysol Spray**
- **Lysol Wipes**
- **Garbage Bags**
 - **13 gallon**
 - **4 gallon**
- **Dish Towels**
- **Paper Towels**
- **Hand Soap**

